



Bali Health and Wellbeing Program

(8 Days / 7 Nights)





About Bagus Jati Health and Well-being Retreat





The name of Bagus Jati came from the meaning of Jati. The place that revered as a sacred place safe from the outside world.

Bagus Jati is Bali's premier Health and Wellbeing Spa Retreat. The place set in 5 hectares of hillside gardens amongst lush tropical forests in the mountains of Ubud, Bali, with the temperature at night around 18-23 °C. The accommodations consist of deluxe spa villas, each with private spa facilities, superior villas with wide windows overlooking the tropical forest, and pool villas. A complete health and wellbeing center, organic gardens and gourmet restaurant, offer the guest the true spirit and grace of Asian inspired traditional healing. Bagus Jati was created with a

vision to bring health and vitality into your life. One of the programs is Healing SPA. Enjoy a tranquil getaway from the hustle and bustle of every-day life, and prepare for some relaxing days of pampering and dining amidst the most beautiful tropical forest surroundings. Experience our different spa treatments and spoil your taste buds with delicious freshly prepared meals.

7 Night Wellness Retreat includes:

- 7 Night stay at Bagus Jati Health & Wellbeing Retreat: Superior Villa or 1 Bed-room Pool Villa
- Daily Breakfast including healthy fresh juice
- Joining daily Morning Yoga class and daily Afternoon Yoga / Meditation class
- Free joining daily scheduled Retreat activities (Such as Nature Walk, Aqua Aerobics, Balinese Dance lesson, "Jamu" introduction, Spa recipe, Making "Canang" etc)
- -1 X Balinese cooking class (including Lunch)
- -1 X Jungle Trekking or Village Cycling (including Lunch box)
- -2 X 2 hours Rejuvenation & Healing Spa treatment
- -2 X 1 hour Selected Spa Treatment
- Organic Facial, Organic Hair treatment, Ayurvedic "Abhyanga" or "Sirodhara" Free use of health & wellbeing facilities (Pool, Gym and Hot Jacuzzi in Spa)
- Free scheduled shuttle transport to Ubud area (depart from hotel at 10:00 or 14:00 / pick up from Ubud at 15:00 or 18:00)
- Afternoon Herb tea / Coffee at poolside café (15:00-16:00)
- Welcome Drink & Fragrant hand-towel upon arrival
- Daily fruit basket and 2 bottle of mineral water per day
- Free internet connection Wi-Fi in guest villa and public area
- Return Airport transfer for Check in & Check out









Package price:

Twin Share : USD 1.125 per person

Single Supplement : USD 7 8 5

Rejuvenation and Healing Spa treatments (You may choose one of the following items per session):

Jati-Alami : Foot bath + Javanese massage + Body scrub + Papaya & Yoghurt Body mask

+ Face & Head massage + Flower & Milk bath

Jati-Sejati : Foot bath + Balinese massage + Herbal bath + Balinese Body mask "Boreh"

and Banana leaf wrap + Face & Head massage

Jati- Detox : Foot bath + Javanese massage + Head & abdominal massage

+ Clay mask with steam + Hydro bath

Jati- Cellulite & Sliming: Foot bath + Cellulite massage + Coffee scrub + Slimming herbal mask

+ Lymphatic drainage face massage + Hydro bath

















Terms & Conditions

- Minimum participants of the Wellnes program are 2 persons
- All prices include the services mentioned in the descriptions and transportation.
- Reservation should be made online or through email www.melalibalidmc.com
- Full prepayment is required. Payment can be made online by credit card (visa, master card) or through bank transfer.
- Cancellation 14 days will be charged 10% cancellation fee. Cancellation fee of 50% is applicable if the cancellation is received by Melali Bali DMC between 3-6 days prior to the tour date. Cancellation fee of 100% is applicable if the cancellation is received by Melali Bali DMC 1-2 days prior to tour date.
- The price is valid until 31 March 2020

Operator

The Program are organized by Melali Bali DMC, member of ASITA BALI (Association of Indonesian Tours and Travel Agencies).



